

# Adventure Time

**Attention all bushwalkers, climbers, cavers, mountain bikers, canyoneers, kayakers and general outdoors fanatics!**

On the **27<sup>th</sup> of March**, from **7.30pm – 'til late**, we'll be hosting **Adventure Time**, a monthly meet up of Sydney's outdoors community and local adventurers.

*This month, we'll have talks by:*

## **Glenn Singleman – Professional Adventuring, a contradiction in terms?**

Glen is an internationally recognised professional adventurer. He is probably best known for his BASE-climb exploits and has successfully climbed and then BASE-jumped from some of the highest cliffs on the planet. Glen and his wife Heather currently hold the official record for the highest BASE jump in the world. Tonight, he will be speaking to us about professional adventuring; whether adventurers have 'use by' dates like many other sports people and if it possible to be an adventurer and have a mortgage or children or a steady job. He will address these questions with a run through some of the 'professional' adventures that he has been involved with over the years.



For more information on Glenn, check out his website: <http://www.baseclimb.com/>

## **Ben Artup – Adventure trail running and bush walking.**

Ben Artup lives in the Blue Mountains and is an avid bush walker and trail runner. Ben is also a former professional Triathlete. Ben holds several bush records in the Blue Mountains including the first 1 day completion of the Grose valley in 1999 in a time of 15hrs 21 mins 14 seconds. He is also the current course record holder for the 6 foot track marathon in a time of 3hrs and 15 mins 25 seconds. And has completed the 3 Peaks several times – the fastest being 19hrs and 5mins (from climbers car park return). However, Ben's major passion and interest now lies in the great Wollemi Wilderness. In 2008 he attempted to traverse the park from North to South - making it from Denman to Wirriba Ridge (near Gaspers Mtn) in 7 days, alone, before being beaten by the terrain and food supply issues. Now with 3 kids under 3, Ben fits running and bush walking adventures in where he can, and has 2 future goals: to traverse the Wollemi North to South in the Fastest Known Time (FKT) using no trails, and win the North Face 100 within 2 years.



Ben will talk about his experiences in local wildernesses, including; hallucinations of Nuns on river banks, sleeping in a garbage bag on Mt Strong Leg, eating boiled up vegemite as a Last Supper when he was 9 years old, and how bush walking can be the best prep for ultra-marathons, among other stories.

## **Bonus features:**

As usual, we will also have a **slack line** (provided by <http://pureslacklines.com/>) and, **alcoholic beverages** including beer, wine and cider (by donation). You may also BYO.

## **Where is it?**

The Hutch, a warehouse just up the road from St Peters climbing gym: **12 Hutchinson St, St Peters.**

**AND make sure you send an email to our mailing list if you want to keep updated about future Adventure Time events:**  
[adventuretimesydney@gmail.com](mailto:adventuretimesydney@gmail.com)